Stein's Method and Non-Reversible Markov Chains
By Jason Fulman
Current affiliation: University of Pittsburgh
Current email: fulman@math.pitt.edu


#### Abstract

Let $W(\pi)$ be either the number of descents or inversions of a permutation $\pi \in S_{n}$. Stein's method is applied to show that $W$ satisfies a central limit theorem with error rate $n^{-1 / 2}$. The construction of an exchangeable pair ( $W, W^{\prime}$ ) used in Stein's method is non-trivial and uses a non-reversible Markov chain.


## 1 Introduction

We begin by recalling two permutation statistics on the symmetric group $S_{n}$ which are of interest to combinatorialists and statisticians. A good introduction to the combinatorial aspects of permutation statistics is Chapter 1 of Stanley [Sta], and a superb account of their applications to statistical problems is Chapter 6 of Diaconis [Di].

The first statistic on $S_{n}$ is $\operatorname{Des}(\pi)$, the number of descents of $\pi$. This is defined as the number of pairs $(i, i+1)$ with $1 \leq i \leq n-1$ such that $\pi(i)>\pi(i+1)$. Writing $\pi$ in two-line form, this is the number of times the value of the permutation $\pi$ decreases. (A more general definition of descents exists for Coxeter groups: the number of height one positive roots sent to negative roots by $\pi$ ). The number of permutations $\pi$ in $S_{n}$ with $k+1$ descents is also called the Eulerian number $A(n, k)$ and has been studied extensively $[\mathrm{DiP}],[\mathrm{FSc}],[\mathrm{K}]$. Several proofs are known for the asymptotic $(n \rightarrow \infty)$ normality of $A(n, k)$. See for instance Diaconis and Pitman [DiP], Pitman [P], Bender [Be], and Tanny [T]. A proof using the method of moments should also work.

A second well-studied statistic on $S_{n}$ is $\operatorname{Inv}(\pi)$, the number of inversions of $\pi$. In the statistics community this is called Kendall's tau. Inv is defined as the number of pairs $(i, j)$ with $1 \leq$ $i<j \leq n$ such that $\pi(i)>\pi(j)$. Writing $\pi$ in two-line form, this is the number of pairs $(i, j)$ whose values are out of order. $I(\pi)$ is also the length of $\pi$ in terms of the standard generators $\{(i, i+1): 1 \leq i \leq n-1\}$ for $S_{n}$. (For an arbitrary Coxeter group, $\operatorname{Inv}(\pi)$ is the number of positive roots sent to negative roots by $\pi$ ). Proofs of the asymptotic normality of $\operatorname{Inv}(\pi)$ for $S_{n}$ can be found in Bender [Be] and Chapter 6 of Diaconis [Di].

The following definition generalizes both of these statistics. Let $M=\left(M_{i, j}\right)$ be a real, antisymmetric, $n * n$ matrix. Let $X$ be the random variable on $S_{n}$ defined by $X(\pi)=\sum_{i<j} M_{\pi(i), \pi(j)}$. Setting $M_{i, j}=-1$ if $j=i+1, M_{i, j}=1$ if $j=i-1$, and $M_{i, j}=0$ otherwise leads to $X(\pi)=$ $2 \operatorname{Des}\left(\pi^{-1}\right)-(n-1)$. Setting $M_{i, j}=-1$ if $i<j, M_{i, j}=+1$ if $i>j$, and $M_{i, i}=0$ leads to $X(\pi)=2 \operatorname{Inv}\left(\pi^{-1}\right)-\binom{n}{2}$. Define $W=\frac{X}{\sqrt{\operatorname{Var}(X)}}$, so that $W$ has mean 0 and variance 1.

Charles Stein developed a method for bounding the sup norm between the distribution of a random variable and the standard normal distribution. His technique has come to be known as Stein's method. Stein's book [Ste] and the papers in this volume are good references.

Let us recall some notation from probability theory. If $Y, Z$ are random variables on a probability space $(\Omega, B, P)$, we let $E(Y)$ denote the expected value of $Y$ and $E^{Z}(Y)$ the expected value of $Y$ given $Z$, where both expectations are taken under $P$. In the case at hand, $\Omega$ is $S_{n}, B$ is all subsets of $S_{n}$, and $P$ is the uniform distribution. Call $W, W^{\prime}$ an exchangeable pair of random variables on $S_{n}$ if $P\left(W=w_{1}, W^{\prime}=w_{2}\right)=P\left(W=w_{2}, W^{\prime}=w_{1}\right)$.

Theorem 1 is due to Rinott and Rotar.

Theorem 1 ([RR]) Let $W, W^{\prime}$ be an exchangeable pair of real random variables such that $E^{W} W^{\prime}=$ $(1-\lambda) W$ with $0<\lambda<1$. Suppose moreover that $\left|W^{\prime}-W\right| \leq A$ for some constant $A$. Then for all real $x$,

$$
|P\{W \leq x\}-\Phi(x)| \leq \frac{12}{\lambda} \sqrt{\operatorname{Var}\left(E^{W}\left(W^{\prime}-W\right)^{2}\right)}+48 \frac{A^{3}}{\lambda}+8 \frac{A^{2}}{\sqrt{\lambda}}
$$

where $\Phi$ is the standard normal distribution.
Theorem 1 will be used to prove Theorem 2.
Theorem 2 Let Des( $\pi$ ) and $\operatorname{Inv}(\pi)$ be the number of descents and inversions of $\pi \in S_{n}$. Then for all real $x$,

$$
\begin{gathered}
\left|P\left\{\frac{D e s-\frac{n-1}{2}}{\sqrt{\frac{n+1}{12}}} \leq x\right\}-\Phi(x)\right| \leq \frac{C}{n^{\frac{1}{2}}} \\
\left|P\left\{\frac{\operatorname{Inv}-\frac{\binom{n}{2}}{2}}{\sqrt{\frac{n(n-1)(2 n+5)}{72}}} \leq x\right\}-\Phi(x)\right| \leq \frac{C}{n^{\frac{1}{2}}}
\end{gathered}
$$

where $C$ is a constant independent of $n$.
We remark that Theorem 2 is known by other proof techniques (see [DiP] for the case of descents and [Bic] for inversions). We recently learned that there is some overlap with results in [BCLZ], which gives bounds for permutation statistics using reversible Markov chains together with Bolthausen's variation of Stein's method.

Section 2 shows how, for $W=$ Des or $W=I n v$, to construct an exchangeable pair ( $W, W^{\prime}$ ) such that $E^{W} W^{\prime}=\left(1-\frac{2}{n}\right) W$. This step, which is usually the easy part of applying Stein's method, is non-trivial and uses a non-reversible Markov chain equivalent to the "move to front" chain. The only other example in the literature in which exchangeability was not obvious is the paper of Rinott and Rotar $[R R]$. A connection with this work will be mentioned in Section 2. Section 3 develops bounds for the terms on the right-hand side of Theorem 1, and indicates why a somewhat weaker version of Theorem 1 due to Stein can only give $n^{-1 / 4}$ rates.

We remark that the move to front rule on the symmetric group is a very special case of a theory of random walk on the chambers of real hyperplane arrangements $[\mathrm{BiHaR}]$. The corresponding Markov chains are non-reversible and have real eigenvalues. These nonreversible chains have recently been related to a reversible Markov chain on the set of irreducible representations of the symmetric group [F1], [F2].

## 2 Construction of an Exchangeable Pair ( $W, W^{\prime}$ )

This section constructs $W^{\prime}$ so that $\left(W, W^{\prime}\right)$ is an exchangeable pair with nice properties. In most applications of Stein's method (e.g. the examples in Stein [Ste]), it is clear how to define $W^{\prime}$ and exchangeability comes for free. The situation here is more subtle.

This being said, define $W^{\prime}=W^{\prime}(\pi)$ as follows. Pick $I$ uniformly at random between 1 and $n$ and define $\pi^{\prime}$ as $(I, I+1, \cdots, n) \pi$, where $(I, I+1, \cdots, n)$ cycles by mapping $I \rightarrow I+1 \rightarrow \cdots \rightarrow n \rightarrow I$, and where permutation multiplication is from left to right. For example, suppose that $n=7$ and $I=3$. Then the permutation $\pi$ which in 2 -line form is:

$$
\begin{array}{ccccccccc}
i & : & 1 & 2 & 3 & 4 & 5 & 6 & 7 \\
\pi(i) & : & 6 & 4 & 1 & 5 & 3 & 2 & 7
\end{array}
$$

is transformed to:

$$
\begin{array}{ccccccccc}
i & : & 1 & 2 & 3 & 4 & 5 & 6 & 7 \\
\pi^{\prime}(i) & : & 6 & 4 & 5 & 3 & 2 & 7 & 1
\end{array}
$$

In other words, one moves the number in position $I$ in the second row of $\pi$ to the end of this second row. Now define $W^{\prime}(\pi)=W\left(\pi^{\prime}\right)$. Before discussing exchangeability, we prove Lemma 1, which was the motivation for the definition of $W^{\prime}$ and shows that one can take $\lambda=\frac{2}{n}$ in Theorem 1.

Lemma $1 E^{W} W^{\prime}=\left(1-\frac{2}{n}\right) W$
Proof: Letting $i$ be the value of the random variable $I$, ones sees from the definition of $W^{\prime}$ that:

$$
\begin{aligned}
E^{\pi}\left(W^{\prime}-W\right) & =\frac{1}{\sqrt{\operatorname{Var}(X)}} \frac{1}{n} \sum_{i=1}^{n} \sum_{j: j>i}-2 M_{\pi(i), \pi(j)} \\
& =\frac{1}{\sqrt{\operatorname{Var}(X)}} \frac{1}{n} \sum_{1 \leq i<j \leq n}-2 M_{\pi(i), \pi(j)} \\
& =-\frac{2}{n} W .
\end{aligned}
$$

Since $E^{\pi}\left(W^{\prime}-W\right)$ depends on $\pi$ only through $W$, the lemma follows.
Lemma 2 establishes a condition on $\left(M_{i, j}\right)$ under which the pair $\left(W, W^{\prime}\right)$ is exchangeable. This condition admittedly has limited scope, but as will be seen, holds for the cases of descents and inversions.

Lemma 2 Given a subset $S$ of $\{1, \cdots, n\}$, for each $i \in S$ define $a_{i, S}=\sum_{j \in S: j>i} M_{i, j}$ and $b_{i, S}=$ $\sum_{j \in S: j<i} M_{j, i}$. Suppose that for all subsets $S$ of $\{1, \cdots, n\}$, there is a bijection $\Theta: S \mapsto S$ satisfing the following conditions:

1. For each $i \in S, a_{i, S}-b_{i, S}=b_{\Theta(i), S}-a_{\Theta(i), S}$.
2. For each $i \in S$, there is a bijection $\Phi_{i}: S-\{i\} \mapsto S-\{\Theta(i)\}$ such that $M_{j, k}=M_{\Phi_{i}(j), \Phi_{i}(k)}$ for all $j, k \in S-\{i\}$.

Then $\left(W, W^{\prime}\right)$ is an exchangeable pair of random variables.
Proof: It will be shown that $P\left\{W=a, W^{\prime}=b\right\}=P\left\{W=b, W^{\prime}=a\right\}$. For this we prove the stronger claim that if $T=\left\{\pi \in S_{n}: \pi(j)=z_{j}\right.$ for $\left.1 \leq j \leq I-1\right\}$, then

$$
P\left\{W=a, W^{\prime}=b \mid I, \pi \in T\right\}=P\left\{W=b, W^{\prime}=a, \mid I, \pi \in T\right\}
$$

In other words, assume that the value of $I$ and the images of $\{1, \cdots, I-1\}$ under $\pi$ are given. Let $S=\{\pi(I), \cdots, \pi(n)\}$ be as in the hypotheses of the lemma. Now define a bijection $\Lambda: T \mapsto T$ as follows:

1. $\Lambda(\pi)(j)=\pi(j)$ for $1 \leq j \leq I-1$
2. $\Lambda(\pi)(I)=\Theta(\pi(I))$
3. $\Lambda(\pi)(j)=\Phi_{\pi(I)}(\pi(j))$ for $I+1 \leq j \leq N$

We only show that $W(\pi)=W\left(\Lambda(\pi)^{\prime}\right)$, the argument that $W\left(\pi^{\prime}\right)=W(\Lambda(\pi))$ being similar. Since $\pi$ and $\Lambda(\pi)^{\prime}$ agree on $1, \cdots, I-1$, it is enough to show that

$$
\sum_{I<j \leq n} M_{\pi(I), \pi(j)}+\sum_{I<i<j \leq n} M_{\pi(i), \pi(j)}=\sum_{I \leq i<j<n} M_{\Lambda(\pi)^{\prime}(i), \Lambda(\pi)^{\prime}(j)}+\sum_{I \leq i<n} M_{\Lambda(\pi)^{\prime}(i), \Lambda(\pi)^{\prime}(n)} .
$$

Now observe that

$$
\begin{aligned}
\sum_{I \leq i<j<n} M_{\Lambda(\pi)^{\prime}(i), \Lambda(\pi)^{\prime}(j)} & =\sum_{I<i<j \leq n} M_{\Lambda(\pi)(i), \Lambda(\pi)(j)} \\
& =\sum_{I<i<j \leq n} M_{\Phi_{\pi(I)}(\pi(i)), \Phi_{\pi(I)}(\pi(j))} \\
& =\sum_{I<i<j \leq n} M_{\pi(i), \pi(j)} .
\end{aligned}
$$

The second equality is from the definition of $\Lambda(\pi)$ and the third equality is from condition 2 in the lemma. Also observe that

$$
\begin{aligned}
\sum_{I \leq i<n} M_{\Lambda(\pi)^{\prime}(i), \Lambda(\pi)^{\prime}(n)} & =\sum_{I<j \leq n} M_{\Lambda(\pi)(j), \Lambda(\pi)(I)} \\
& =\sum_{I<j \leq n} M_{\Lambda(\pi)(j), \Theta(\pi(I))} \\
& =b_{\Theta(\pi(I)), S}-a_{\Theta(\pi(I)), S} \\
& =a_{\pi(I), S}-b_{\pi(I), S} \\
& =\sum_{I<j \leq n} M_{\pi(I), \pi(j)} .
\end{aligned}
$$

The third equality holds because $\{\Lambda(\pi)(j): I<j \leq n\}=S-\Theta(\pi(I))$. The fourth equality is from condition 1 in the lemma.

## Remarks

1. Let us illustrate the proof of Lemma 2 by example for $X(\pi)=2 \operatorname{Des}\left(\pi^{-1}\right)-(n-1)$. Recall that here $M_{i, j}=-1$ if $j=i+1, M_{i, j}=1$ if $j=i-1$, and $M_{i, j}=0$ otherwise. Suppose that $I=3$ and $\pi(1)=6, \pi(2)=4$. Thus $T=\left\{\pi \in S_{n}: \pi(1)=6, \pi(2)=4\right\}$. Note that $S=\{1,2,3,5,7\}$, because these are the images of $\pi(j)$ for $j \geq I=3$. One observes that the bijection $\Theta: S \mapsto S$ defined by $\Theta(1)=3, \Theta(2)=2, \Theta(3)=1, \Theta(5)=5, \Theta(7)=7$ satisfies condition 1 of Lemma 2 (in general, one defines $\Theta$ by reversing within each group of consecutive numbers in $S$ ). For each $i \in S$ it is also necessary to define bijections $\Phi_{i}$ such that condition 2 of Lemma 2 holds. This can be done by pairing the elements of $S-\{i\}$ and $S-\{\Theta(i)\}$ so as to preserve their relative order. For instance, $\Phi_{1}:\{2,3,5,7\} \mapsto\{1,2,5,7\}$ is defined by $\Phi_{1}(2)=1, \Phi_{1}(3)=2, \Phi_{1}(5)=5, \Phi_{1}(7)=7$.
These choices determine the bijection $\Lambda: T \rightarrow T$ constructed in Lemma 2. For example,

$$
\begin{array}{ccccccccccccccccc}
i & : & 1 & 2 & 3 & 4 & 5 & 6 & 7 & i & 1 & 2 & 3 & 4 & 5 & 6 & 7 \\
\pi(i) & : & 6 & 4 & 1 & 5 & 3 & 2 & 7 & \Lambda(\pi)(i) & 6 & 4 & 3 & 5 & 2 & 1 & 7 \\
& & & & & & & & & & & & & & & & \\
i & 1 & 2 & 3 & 4 & 5 & 6 & 7 \\
i & : & 1 & 2 & 3 & 4 & 5 & 6 & 7 & \Lambda\left(\pi^{\prime}\right)(i) & 6 & 4 & 5 & 2 & 1 & 7 & 3
\end{array}
$$

One checks that $X(\pi)=X\left(\Lambda\left(\pi^{\prime}\right)\right)=0$ and $X\left(\pi^{\prime}\right)=X(\Lambda(\pi))=2$.
2. Let us illustrate the proof of Lemma 2 by example for $X(\pi)=2 \operatorname{Inv}\left(\pi^{-1}\right)-\binom{n}{2}$. Here $M_{i, j}=-1$ if $i<j, M_{i, j}=+1$ if $i>j$, and $M_{i, i}=0$. As for the case of descents, suppose that $I=3$ and $\pi(1)=6, \pi(2)=4$. Then $T=\left\{\pi \in S_{n}: \pi(1)=6, \pi(2)=4\right\}$ and $S=\{1,2,3,5,7\}$. The bijection $\Theta: S \mapsto S$ must be defined differently from the descent case so that condition 1 of Lemma 2 holds. It is easy to see that reversing the elements of $S$ works. Thus $\Theta(1)=7$, $\Theta(2)=5, \Theta(3)=3, \Theta(5)=2$, and $\Theta(7)=1$. Defining the maps $\Phi_{i}$ as in the descent case, condition 2 of Lemma 2 holds.
These choices determine the bijection $\Lambda: T \rightarrow T$ constructed in Lemma 2. For example,

$$
\begin{array}{ccccccccccccccccc}
i & : & 1 & 2 & 3 & 4 & 5 & 6 & 7 & i & 1 & 2 & 3 & 4 & 5 & 6 & 7 \\
\pi^{\prime}(i) & : & 6 & 4 & 5 & 3 & 2 & 7 & 1 & \Lambda\left(\pi^{\prime}\right)(i) & 6 & 4 & 3 & 2 & 1 & 5 & 7
\end{array}
$$

One checks that $X(\pi)=X\left(\Lambda\left(\pi^{\prime}\right)\right)=1$ and $X\left(\pi^{\prime}\right)=X(\Lambda(\pi))=9$.
3. The above examples show that the pair $\left(W, W^{\prime}\right)$ is exchangeable for descents and inversions. An interesting problem is to classify the matrices $\left(M_{i, j}\right)$ such that the pair ( $W, W^{\prime}$ ) is exchangeable. It would also be useful to construct exchangeable pairs ( $W, W^{\prime}$ ) for other Coxeter groups.
4. Lemma 1.1 of $[\mathrm{RR}]$ states the following. Suppose that $\left\{T^{t}\right\}$ is a stationary, nonnegative, integer valued process satisfying $T^{t+1}-T^{t}=+1,0$ or -1 . Then $\left(T^{t}, T^{t+1}\right)$ is an exchangeable pair.
For the case of descents, this gives an alternate proof that $W, W^{\prime}$ as we have defined them are an exchangeable pair, even though the underlying chain on permutations is not reversible. To see this, let $R^{0}$ be a uniformly distributed element of $S_{n}$; then given $R^{i}$, move to $R^{i+1}$ according to the move random to end rule defined in the beginning of this section. This process is stationary. Defining $T^{t}$ to be the number of descents of $R^{t}$, one sees that the conditions of the lemma hold.

It is interesting to note that Lemma 1.1 of [RR] was applied there to study $W$ equal to the number of ones in a random pick from the stationary distribution of the antivoter model. The antivoter chain is not reversible, but their lemma implies that if $W^{\prime}$ is the number of ones after a step from the antivoter chain, then $\left(W, W^{\prime}\right)$ is an exchangeable pair.

## 3 Bounding the Error Terms

This section bounds the error terms on the right hand side of Theorem 1.
We start by computing the mean and variance of $X$ and establishing a nice property of the pair $\left(W, W^{\prime}\right)$. For this it is helpful to define $A_{i}=\sum_{j>i} M_{i, j}$ and $B_{i}=\sum_{h<i} M_{h, i}$.
Lemma $3 E(X)=0$ and $\operatorname{Var}(X)=\frac{\sum_{i<j}\left(M_{i, j}\right)^{2}+\sum_{i=1}^{n}\left(A_{i}-B_{i}\right)^{2}}{3}$.
Proof: Observe that the random variable $X$ on $S_{n}$ can be written as a sum of random variables $X_{i, j}$ on $S_{n}$. Defining a random variable $X_{i, j}$ on $S_{n}$ by

$$
X_{i, j}(\pi)= \begin{cases}M_{i, j} & \text { if } \pi^{-1}(i)<\pi^{-1}(j) \\ M_{j, i} & \text { if } \pi^{-1}(j)<\pi^{-1}(i)\end{cases}
$$

one has that:

$$
X(\pi)=\sum_{i<j} M_{\pi(i), \pi(j)}=\sum_{\pi^{-1}(i)<\pi^{-1}(j)} M_{i, j}=\sum_{i<j} X_{i, j}(\pi) .
$$

The mean of $X$ is 0 since each $X_{i, j}$ has mean 0 and expectation is linear.
The variance of $X$ is equal to $E\left[\left(\sum_{i<j} X_{i, j}(\pi)\right)^{2}\right]$. The terms $E\left(X_{i, j}^{2}\right)$ contribute $\left(M_{i, j}\right)^{2}$ each and thus $\sum_{i<j}\left(M_{i, j}\right)^{2}$ in total. The terms $E\left(2 X_{i, j} X_{k, l}\right)$ vanish if $i, j, k, l$ are distinct, by independence. Now consider what happens when two of these four indices are equal. Terms of the form $2 E\left(X_{i, j} X_{i, l}\right)$ contribute $\frac{2}{3} M_{i, j} M_{i, l}$ each. The sum of all such terms can be rewritten as $\frac{1}{3}\left[\sum_{i} A_{i}^{2}-\sum_{i<j}\left(M_{i, j}\right)^{2}\right]$. Similarly, terms of the form $2 E\left(X_{i, l} X_{k, l}\right)$ contribute $\frac{1}{3}\left[\sum_{i} B_{i}^{2}-\sum_{i<j}\left(M_{i, j}\right)^{2}\right]$. Finally, terms of the form $2 E\left(X_{i, j} X_{j, k}\right)$ contribute $-\frac{2}{3} M_{i, j} M_{j, k}$ each, and hence a total of $-\frac{2}{3} \sum_{i} A_{i} B_{i}$. The lemma follows.

As a consequence of Lemma 3, one recovers the known facts that for a random permutation on n symbols, $\operatorname{Var}(\operatorname{Des}(\pi))=\frac{n+1}{12}$ and $\operatorname{Var}(\operatorname{Inv}(\pi))=\frac{n(n-1)(2 n+5)}{72}$. Note that Lemma 3 has written $\operatorname{Var}(X)$ as a sum of positive quantities.

Lemma $4 E\left(W^{\prime}-W\right)^{2}=\frac{4}{n}$
Proof:

$$
\begin{aligned}
E\left(W^{\prime}-W\right)^{2} & =E\left(E^{W}\left(W^{\prime}-W\right)^{2}\right) \\
& =E\left(E^{W}\left(\left(W^{\prime}\right)^{2}+W^{2}-2 W W^{\prime}\right)\right) \\
& =E\left(\left(W^{\prime}\right)^{2}+E\left(W^{2}\right)-2 W E^{W}\left(W^{\prime}\right)\right) \\
& =2 \operatorname{Var}(W)-E\left(2 W E^{W}\left(W^{\prime}\right)\right) \\
& =\frac{4}{n} \operatorname{Var}(W) \\
& =\frac{4}{n} .
\end{aligned}
$$

The fourth equality used the fact that $W$ and $W^{\prime}$ have the same distribution. The fifth equality used Lemma 1.

Lemma 5 establishes a well known inequality. For completeness, we include a proof.

Lemma $5 E\left[E^{W}\left(W^{\prime}-W\right)^{2}\right]^{2} \leq E\left[E^{\pi}\left(W^{\prime}-W\right)^{2}\right]^{2}$.
Proof: Jensen's inequality says that if $g$ is a convex function, and $Z$ a random variable, then $g(E(Z)) \leq E(g(Z))$. There is also a conditional version of Jensen's inequality (Section 4.1 of Durrett [Du]) which says that if $F$ is any $\sigma$ subalgebra of $B$, then

$$
E(g(E(Z \mid F))) \leq E(g(Z))
$$

The lemma follows by applying this inequality to the case $g(t)=t^{2}, Z=E^{\pi}\left(W^{\prime}-W\right)^{2}, B$ is all subsets of $S_{n}$, and $F$ is the $\sigma$ subalgebra of $B$ generated by the level sets of $W$.

Now we prove Theorem 2.
Proof: (of Theorem 2) We will apply Theorem 1. Note that the move random to end rule changes the number of descents by at most one. Hence the corresponding pair ( $W, W^{\prime}$ ) satisfies $\left|W^{\prime}-W\right| \leq \frac{2}{\sqrt{\operatorname{Var}(X)}}$. Similarly the move random to end rule changes the number of inversions by at most n-1. Hence the corresponding pair $\left(W, W^{\prime}\right)$ satisfies $\left|W^{\prime}-W\right| \leq \frac{2(n-1)}{\sqrt{\operatorname{Var}(X)}}$. Thus in both cases $\left|W^{\prime}-W\right|$ is at most $A n^{-1 / 2}$ for an absolute constant $A$. Also note by Lemma 1 that $E^{W}\left(W^{\prime}\right)=(1-\lambda) W$ with $\lambda=\frac{2}{n}$.

Thus by Theorem 1 the result will follow if it can be shown that $\operatorname{Var}\left(E^{W}\left(W^{\prime}-W\right)^{2}\right) \leq$ $\frac{B}{n^{3}}$. Lemma 5 implies that $\operatorname{Var}\left(E^{W}\left(W^{\prime}-W\right)^{2}\right) \leq \operatorname{Var}\left(E^{\pi}\left(W^{\prime}-W\right)^{2}\right)$. Hence we show that $\operatorname{Var}\left(E^{\pi}\left(W^{\prime}-W\right)^{2}\right) \leq \frac{B}{n^{3}}$.

Observe that

$$
\begin{aligned}
E^{\pi}\left(W^{\prime}-W\right)^{2} & =\frac{1}{\operatorname{Var}(X)} \frac{4}{n} \sum_{i=1}^{n}\left(\sum_{j>i}-M_{\pi(i), \pi(j)}\right)^{2} \\
& =\frac{1}{\operatorname{Var}(X)} \frac{4}{n}\left(\sum_{i=1}^{n} \sum_{j>i}\left(M_{\pi(i), \pi(j)}\right)^{2}+2 \sum_{i=1}^{n} \sum_{i<j_{1}<j_{2} \leq n} M_{\pi(i), \pi\left(j_{1}\right)} M_{\pi(i), \pi\left(j_{2}\right)}\right) .
\end{aligned}
$$

Since $\sum_{i=1}^{n} \sum_{j>i}\left(M_{\pi(i), \pi(j)}\right)^{2}$ is independent of $\pi$, it follows that

$$
\begin{aligned}
\operatorname{Var}\left(E^{\pi}\left(W^{\prime}-W\right)^{2}\right)= & \frac{64}{\operatorname{Var}(X)^{2} n^{2}}\left[\sum_{1 \leq i<j_{1}<j_{2} \leq n} \operatorname{Var}\left(M_{\pi(i), \pi\left(j_{1}\right)} M_{\pi(i), \pi\left(j_{2}\right)}\right)\right. \\
& \left.+\sum_{\substack{i<j_{1}<j_{2}, k<l_{1}<l_{2} \\
\left(i, j_{1}, j_{2}\right) \neq\left(k, l_{1}, l_{2}\right)}} \operatorname{Cov}\left(M_{\pi(i), \pi\left(j_{1}\right)} M_{\pi(i), \pi\left(j_{2}\right)}, M_{\pi(k), \pi\left(l_{1}\right)} M_{\pi(k), \pi\left(l_{2}\right)}\right)\right]
\end{aligned}
$$

Let us analyze this bound for the case of descents (i.e. $M_{i, j}=-1$ if $j=i+1, M_{i, j}=1$ if $j=i-1$, and $M_{i, j}=0$ otherwise). We first study the summands and then divide by $\operatorname{Var}(X)^{2} n^{2}$. The first summand has $O\left(n^{3}\right)$ terms, each contributing $O\left(n^{-2}\right)$; hence it is $O(n)$. The covariance terms are also $O(n)$. To see this, first note that the covariance vanishes if $\left\{i, j_{1}, j_{2}\right\} \cap\left\{k, l_{1}, l_{2}\right\}=\emptyset$, so such terms can be ignored. Suppose that $i \neq k$. Then there are $O\left(n^{5}\right)$ terms each contributing $O\left(n^{-4}\right)$. If $i=k$ there are subcases to consider based on which (if any) of elements of $\left\{j_{1}, j_{2}\right\}$ are equal to elements of $\left\{l_{1}, l_{2}\right\}$. It is straightforward to see that in all cases the contribution of the covariance term is $O(n)$. Since $\operatorname{Var}(X)$ is $\frac{n+1}{12}$, it follows as desired that $\operatorname{Var}\left(E^{\pi}\left(W^{\prime}-W\right)^{2}\right) \leq \frac{B}{n^{3}}$.

The case of inversions is similar. The variance terms contribute at most $O\left(n^{3}\right)$ and the covariance terms at most order $O\left(n^{5}\right)$. Thus

$$
\operatorname{Var}\left(E^{\pi}\left(W^{\prime}-W\right)^{2}\right) \leq \frac{B_{0} n^{5}}{\operatorname{Var}(X)^{2} n^{2}} \leq \frac{B}{n^{3}}
$$

where $B_{0}, B$ are universal constants.
To conclude the paper, we comment on the following result of Stein [Ste].
Theorem 3 (Stein) Let $W, W^{\prime}$ be an exchangeable pair of real random variables such that $E^{W} W^{\prime}=$ $(1-\lambda) W$ with $0<\lambda<1$. Then for all real $x$,

$$
|P\{W \leq x\}-\Phi(x)| \leq 2 \sqrt{E\left[1-\frac{1}{2 \lambda} E^{W}\left(W^{\prime}-W\right)^{2}\right]^{2}}+(2 \pi)^{-\frac{1}{4}} \sqrt{\frac{1}{\lambda} E\left|W^{\prime}-W\right|^{3}}
$$

where $\Phi$ is the standard normal distribution.
Applied to our exchangeable pair this would only yield bounds of order $n^{-1 / 4}$, since by Jensen's inequality $E\left|W^{\prime}-W\right|^{3} \geq\left(E\left(W^{\prime}-W\right)^{2}\right)^{3 / 2}=\left(\frac{4}{n}\right)^{3 / 2}$.

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