

**ALZHEIMER DISEASE KNOWLEDGE SCALE
ANSWER KEY**

| QUESTION NUMBER & ITEM | CORRECT ANSWER |
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| 1. People with Alzheimer's disease are particularly prone to depression. | True |
| 2. It has been scientifically proven that mental exercise can prevent a person from getting Alzheimer's disease. | False |
| 3. After symptoms of Alzheimer's disease appear, the average life expectancy is 6 to 12 years. | True |
| 4. When a person with Alzheimer's disease becomes agitated, a medical examination might reveal other health problems that caused the agitation. | True |
| 5. People with Alzheimer's disease do best with simple, instructions giving one step at a time. | True |
| 6. When people with Alzheimer's disease begin to have difficulty taking care of themselves, caregivers should take over right away. | False |
| 7. If a person with Alzheimer's disease becomes alert and agitated at night, a good strategy is to try to make sure that the person gets plenty of physical activity during the day. | True |
| 8. In rare cases, people have recovered from Alzheimer's disease. | False |
| 9. People whose Alzheimer's disease is not yet severe can benefit from psychotherapy for depression and anxiety. | True |
| 10. If trouble with memory and confused thinking appears suddenly, it is likely due to Alzheimer's disease. | False |
| 11. Most people with Alzheimer's disease live in nursing homes. | False |
| 12. Poor nutrition can make the symptoms of Alzheimer's disease worse. | True |
| 13. People in their 30s can have Alzheimer's disease. | True |
| 14. A person with Alzheimer's disease becomes increasingly likely to fall down as the disease gets worse. | True |
| 15. When people with Alzheimer's disease repeat the same question or story several times, it is helpful to remind them that they are repeating themselves. | False |
| 16. Once people have Alzheimer's disease, they are no longer capable of making informed decisions about their own care. | False |
| 17. Eventually, a person with Alzheimer's disease will need 24-hour supervision. | True |
| 18. Having high cholesterol may increase a person's risk of developing Alzheimer's disease. | True |

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| 19. Tremor or shaking of the hands or arms is a common symptom in people with Alzheimer's disease. | False |
| 20. Symptoms of severe depression can be mistaken for symptoms of Alzheimer's disease. | True |
| 21. Alzheimer's disease is one type of dementia. | True |
| 22. Trouble handling money or paying bills is a common early symptom of Alzheimer's disease. | True |
| 23. One symptom that can occur with Alzheimer's disease is believing that other people are stealing one's things. | True |
| 24. When a person has Alzheimer's disease, using reminder notes is a crutch that can contribute to decline. | False |
| 25. Prescription drugs that prevent Alzheimer's disease are available. | False |
| 26. Having high blood pressure may increase a person's risk of developing Alzheimer's disease. | True |
| 27. Genes can only partially account for the development of Alzheimer's disease. | True |
| 28. It is safe for people with Alzheimer's disease to drive, as long as they have a companion in the car at all times. | False |
| 29. Alzheimer's disease cannot be cured. | True |
| 30. Most people with Alzheimer's disease remember recent events better than things that happened in the past. | False |