

TIPS TO LEARN FOREIGN WORDS



START WITH HIGH-FREQUENCY WORDS

These words often appear in everyday conversations and texts, so learning them will provide a solid foundation for your language learning journey.

Frequency word lists can help you identify these words.

CREATE ASSOCIATIONS & MNEMONICS

Form associations or connections between new words and things you already know. Mnemonics can be useful for memorizing challenging words. Create visual or memorable associations that link the foreign word to something familiar or vivid in your mind.



USE CONTEXTUAL LEARNING

Learn words in context, not in isolation. Read and listen to authentic materials to understand how words are naturally used. Contextual learning enhances your grasp of meaning, usage, and collocations.

UTILIZE SPACED REPETITION SYSTEMS (SRS)

Employ spaced repetition systems or apps that optimize the timing of reviewing words based on the forgetting curve. These systems help you review words at intervals when you're about to forget them, reinforcing your memory and long-term retention. Anki, Memrise, and Quizlet are popular SRS tools that can aid your vocabulary learning.



PRACTICE ACTIVE RECALL & USE WORDS IN SENTENCES

Instead of simply reading or hearing words passively, actively recall and use them in sentences. Practice writing or speaking sentences using the newly learned words. This process reinforces your understanding, helps you internalize the words, and improves your ability to produce them accurately when needed.

