

**USC DTAP**  
**Transfer Student Connection**

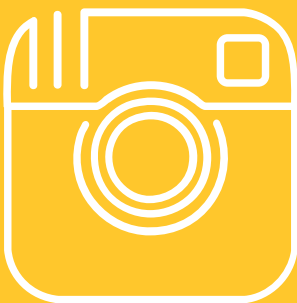


We are DTAP, the Dornsife Transfer Ambassador Program. A group of current students who transferred to USC with majors in Dornsife. We come from a range of institutions and backgrounds and are working together to help build the transfer student community at USC Dornsife.

Once again, we bring you our monthly newsletter to help you navigate your USC Dornsife experience.

Fight On!

**CONNECT WITH US!**



**SOCIALS**  
Instagram



**STUDENTS**  
Unibuddy



**SIGN-UPS**  
LinkTree

# Upcoming Dornsife Events + News

Great job on finals so far, Dornsife Transfers! Whether you still have some left or just want to de-stress, here are some tips for restoration and recharging. Just click on the link!

## <5 minute Activities!

- Back Break
- Breathing Exercises
- Desk Stretching
- Jigsaw Puzzles
- Virtual Backgrounds
- Zen-Tangle Mindful Doodling

## <10 minute Activities!

- Classical Streaming Music
- Coloring Pages
- Dynamic Stretches
- Pomodoro Study Technique
- Self Compassion Meditation

**MORE MINDFULNESS HERE!**



## SPRING 2024 DORNSIFE MENTORSHIP PROGRAM

Are you a Dornsife student wanting to connect with a Dornsife alumni? Look into this 9-week program for help with networking and careers!

**INFO HERE!**

1) Apply on the *Trojan Network* to create your profile

2) Select *Programs*

3) Register for the *Dornsife Alumni Mentorship Programs*



# This month in LA...



## 2024

**Stream the Rose Bowl Parade  
with USC to ring in the new  
year! (Jan 1)**

[Tickets and information  
HERE!](#)



## Other Fun Holiday Events in LA!

- Drive down Christmas Tree Lane (Altadena Dr. and Woodbury Ave)
  - December 9th-early January
- Bring a blanket to watch the lit-up boats in Marina Del Rey's Boat Parade
  - December 11th
- Watch the firework show at the Grove!
- Walk down the light-up bridges at the Venice Canals!

**Check out  
TimeOut LA to  
explore more  
November LA  
events!**



# *Dornsife Transfer Student Spotlight!*



## **Meet Oliver, a senior studying Applied Math!**

### ***Where did you transfer from?***

Bentley University

### ***Why did you choose to transfer to USC Dornsife?***

I transferred to USC to have more opportunities to try a variety of courses and fields – such as using mathematical tools to solve real-world challenges.

### ***What is an extracurricular you are involved in?***

Being a Viterbi Freshman Academy Coach & USC's COCA

### ***What is your favorite USC memory?***

I love sitting in the grass in the sun here at USC!

# Dornsife Transfer Resources

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## Academic Resources:

**Economics Peer Tutoring** - free peer tutoring offered for ECON 203, 205, 303, 305 & 318

**Math Center** - Opportunity to be tutored by your TA in Math 118, 125, 126, 225, 226, 308, 407 & 408

**Dornsife Tutoring** - We offer free tutoring for Biology, Chemistry, French, Math, Physics, Psychology, and Spanish

**Supplemental Instruction (SI)** - Academic support offered for ECON 317, MATH 126, MATH 226, and other courses via small, collaborative groups with classmates. Further review of lecture material, homework, and review exam strategies with SI leaders

**USC Writing Center** - Through individual consultation, the Writing Center assists with the skills and processes of critical thinking, drafting, and revising that lead to clearly expressed positions, coherent arguments, and persuasive reasoning. Handouts and video tutorials are also available on their website.

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## Additional Resources:

- [USC DTAP](#)
- [USC Dornsife Advising Office](#)
- [USC Dornsife Career Pathways](#)
- [First Generation Plus Success Center](#)
- [USC Transfer Student Assembly](#)

## Reporting and Safety Resources

- [Department of Public Safety \(DPS\)](#)
  - (UPC) Emergency 213-740-4321; Non-Emergency 213-740-6000
  - TrojansAlert
  - [USC Office of Equity, Equal Opportunity and Title IX \(CUB 200\)](#);
    - 213-740-5086
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# Dornsife Transfer Resources

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## Health and Wellness Quick Links:

**[Comprehensive Health and Wellness Services Overview](#)** - An overview of USC's health and wellness services, created by the Office of International Services.

**[Office of Religious and Spiritual Life](#)** - There are over 90 different student religious organizations on campus, representing almost every major world faith. USC students are invited to attend gatherings of any and all of these groups.

**[Student Health Services](#)** - The Engemann offers wellness resources, a free student lounge area, and office hours with Professor Rumi.

**[Student Counseling Services](#)** - Including individual counseling services, workshops, facilitation, and crisis support, USC's Student Counseling Services aims to help you meet your goals educationally and with your mental health.

**[Mindful USC](#)** - Mindful USC is a mobile app introduced by the Provost Office. Through training, practice groups, guided meditation, and special events, this is USC's premiere effort into building a culture of mindfulness.

