These JEP Reflective Questions are designed to help you reflect upon your experiences as a member of a “mini-course” team so that you can make the most of your community teaching experiences. Please read through all of the Reflective Questions prior to beginning your JEP assignment. The questions are related to and build upon one other. We encourage you to refer back to previous responses and to take seriously your Program Assistant’s feedback each week. Doing so will help you to get the most out of your experiences.

As you respond to the questions, you should concentrate on addressing the main topic/question (the highlighted one). The subsequent prompts are focusing questions to help you identify critical factors related to the main question. Please feel free to go beyond the prompts and write whatever seems important to you about your experiences — especially when the topic is related to the issues raised in the main question.

**Assignment #1 (Due Monday February 23)**

Describe your initial experience at your JEP assignment. What are your most vivid impressions from your first day at your site? What are your goals and expectations for the next eight weeks? What do you expect to learn through the process of teaching others about how to live a healthy lifestyle?

**Assignment #2 (Due Monday March 23)**

How much do your students seem to know about healthy lifestyles? Have they been exposed to the various health topics that you will be teaching them about (e.g., sun safety and melanoma, nutrition/physical activity, and general safety issues)? Once you complete the intervention (i.e., the pre-determined Health for Life curriculum), what other topics/themes do you want to cover? What topics have the students expressed an interest in? How will you go about developing lesson plans on these topics? What are some of the activities you have been preparing for the students?

**Assignment #3 (Due Monday April 6)**

Identify one activity that worked really well and one activity that was relatively unsuccessful. Why do you think the students responded to each activity in the way that they did? How would you characterize your students’ attitudes toward health issues in general? What lessons do you think your students are picking up – and incorporating into their daily lives (and what evidence have you seen of this)? What barriers might the children face in their efforts to adopt a healthy lifestyle? What environmental factors might help to facilitate this process?

**Assignment #4 (Due the Monday after your final week of JEP/Health For Life)**

Reflect on your experiences in JEP/Health For Life this semester and compose a summary of what you have learned over the last eight weeks. What do you think are the most important “take-home” messages the children learned from your mini-course? What did you learn in the process of teaching them (about teaching, about the subject matter, about the community, about yourself, etc.)? Have you achieved, modified or given up on any of the goals and expectations you set at the beginning of the semester? Describe any special highlights from your experiences this semester.